



Autumn/Winter 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: Chicken goujons with sweet chilli dip

Veg: Meat free goujons

With: Diced potatoes and mixed veg

Dessert: Caramel cake

Meat: Handmade burger in a bun

Veg: Vegetable burger in a bun

With: Diced potatoes and mixed veg

Dessert: Flap jack

Meat: Chicken breast burger

Veg: Chicken style burger

With: Diced potatoes and mixed veg

Dessert: Apple cake

Tuesday



Meat: Love food Breakfast (sausage and bacon)

Veg: Vegetarian breakfast

With: Hash brown, scrambled egg and baked beans

Dessert: Blueberry cheesecake

Meat: Homemade Ham omelette

Veg: Homemade cheese omelette

With: Sauté potatoes and baked beans

Dessert: Strawberry cheesecake

Meat: Cumberland sausage

Veg: Plant based Cumberland sausage

With: Mashed potatoes and baked beans

Dessert: Cherry cheesecake

Wednesday



Meat: Roast Turkey

Veg: Vegetable casserole

With: Roast potatoes, Yorkshire pudding, baby carrots and green beans

Dessert: Various biscuits

Meat: Roast Pork

Veg: Sweet potato and carrot bites

With: Roast potatoes, Yorkshire pudding, baby carrots and green beans

Dessert: Various biscuits

Meat: Roast chicken

Veg: Vegetable balls in gravy

With: Roast potatoes, Yorkshire pudding, baby carrots and green beans

Dessert: Various biscuits

Thursday



Meat: Chicken korma

Veg: Vegetable korma

With: Rice, naan bread and mixed salad

Dessert: Fruit trifle

Meat: Creamy chicken ball linguine

Veg: Creamy vegetable ball linguine

With: Garlic bread and mixed salad

Dessert: Chocolate mousse

Meat: Meatball tomato tagliatelle

Veg: meat free balls tomato tagliatelle

With: Garlic bread and mixed salad

Dessert: Strawberry mousse

Friday



Meat: Fish fingers

Veg: Fishless fingers

With: Oven chips and peas

Dessert: Strawberry iced bun

Meat: Fish goujons

Veg: Fishless goujons

With: Oven chips and peas

Dessert: Strawberry iced bun

Meat: Fish cake

Veg: Vegetable fingers

With: Oven chips and peas

Dessert: Strawberry iced bun

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, Mushroom, tomato, or vegetable

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter 2021/22 (No baked beans)

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: Chicken goujons with sweet chilli dip

Veg: Meat free goujons

With: Diced potatoes and mixed veg

Dessert: Caramel cake

Meat: Handmade burger in a bun

Veg: Vegetable burger in a bun

With: Diced potatoes and mixed veg

Dessert: Flap jack

Meat: Chicken breast burger

Veg: Chicken style burger

With: Diced potatoes and mixed veg

Dessert: Apple cake

Tuesday



Meat: Love food Breakfast (sausage and bacon)

Veg: Vegetarian breakfast

With: Hash brown, scrambled egg and tomatoes

Dessert: Blueberry cheesecake

Meat: Homemade Ham omelette

Veg: Homemade cheese omelette

With: Sauté potatoes and tomatoes

Dessert: Strawberry cheesecake

Meat: Cumberland sausage

Veg: Plant based Cumberland sausage

With: Mashed potatoes and Peas

Dessert: Cherry cheesecake

Wednesday



Meat: Roast Turkey

Veg: Vegetable casserole

With: Roast potatoes, Yorkshire pudding, baby carrots and green beans

Dessert: Various biscuits

Meat: Roast Pork

Veg: Sweet potato and carrot bites

With: Roast potatoes, Yorkshire pudding, baby carrots and green beans

Dessert: Various biscuits

Meat: Roast chicken

Veg: Vegetable balls in gravy

With: Roast potatoes, Yorkshire pudding, baby carrots and green beans

Dessert: Various biscuits

Thursday



Meat: Chicken korma

Veg: Vegetable korma

With: Rice, naan bread and mixed salad

Dessert: Fruit trifle

Meat: Creamy chicken ball linguine

Veg: Creamy vegetable ball linguine

With: Garlic bread and mixed salad

Dessert: Chocolate mousse

Meat: Meatball tomato tagliatelle

Veg: meat free balls tomato tagliatelle

With: Garlic bread and mixed salad

Dessert: Strawberry mousse

Friday



Meat: Fish fingers

Veg: Fishless fingers

With: Oven chips and peas

Dessert: Strawberry iced bun

Meat: Fish goujons

Veg: Fishless goujons

With: Oven chips and peas

Dessert: Strawberry iced bun

Meat: Fish cake

Veg: Vegetable fingers

With: Oven chips and peas

Dessert: Strawberry iced bun

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, Mushroom, tomato, or vegetable

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Gluten free 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: FF Chicken goujons with sweet chilli dip

Veg: Meat free chicken pieces

With: Diced potatoes and mixed veg

Dessert: FF cake

Meat: Handmade FF burger in a FF bun

Veg: sweetcorn fritter in a FF bun

With: Diced potatoes and mixed veg

Dessert: FF cake

Meat: Chicken breast burger

Veg: Chicken style burger

With: Diced potatoes and mixed veg

Dessert: FF cake

Tuesday



Meat: Love food Breakfast (FF sausage and bacon)

Veg: Vegetarian breakfast plant based

With: Hash brown, scrambled egg and baked beans

Dessert: Free from cake

Meat: Homemade Ham omelette

Veg: Homemade cheese omelette

With: Sauté potatoes and baked beans

Dessert: Free from cake

Meat: Cumberland sausage

Veg: Plant based Cumberland sausage

With: Mashed potatoes and baked beans

Dessert: Free from cake

Wednesday



Meat: Roast Turkey

Veg: Vegetable casserole

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Meat: Roast Pork

Veg: Tomato balls

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Meat: Roast chicken

Veg: Vegetable balls in gravy

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Thursday



Meat: Chicken korma

Veg: Vegetable(sweet potato, butternut squash cubes and mushroom) korma

With: Rice, ff bread and mixed salad

Dessert: Fruit trifle

Meat: Creamy chicken ff linguine

Veg: Creamy vegetable ball ff linguine

With: ff bread and mixed salad

Dessert: Chocolate mousse

Meat: Meatball tomato ff tagliatelle

Veg: meat free balls tomato ff tagliatelle

With: ff bread and mixed salad

Dessert: Strawberry mousse

Friday



Meat: ff Fish fingers

Veg: Falafels

With: Oven chips and peas

Dessert: Free from cake

Meat: ff Fish goujons

Veg: Falafels

With: Oven chips and peas

Dessert: Free from cake

Meat: ff Fish fingers

Veg: Falafels

With: Oven chips and peas

Dessert: Free from cake

Soup option

Warm soup served in an insulated cup with a bread roll, choose from chicken, tomato, butterbean

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo or cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Popcorn, Veggie straws, Melon sticks, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Dairy Free 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: Chicken goujons with sweet chilli dip

Veg: Meat free goujons

With: Diced potatoes and mixed veg

Dessert: ff cake

Meat: Handmade ff burger in a bun

Veg: Vegetable burger in a bun

With: Diced potatoes and mixed veg

Dessert: ff cake

Meat: Chicken breast burger

Veg: Chicken style burger

With: Diced potatoes and mixed veg

Dessert: ff cake

Tuesday



Meat: Love food Breakfast (ff sausage and bacon)

Veg: Vegetarian breakfast

With: Hash brown, soya scrambled egg and baked beans

Dessert: ff cake

Meat: Homemade ff Ham omelette

Veg: Homemade ff cheese omelette

With: Sauté potatoes and baked beans

Dessert: ff cake

Meat: ff Cumberland sausage

Veg: Plant based Cumberland sausage

With: Soya Mashed potatoes and baked beans

Dessert: ff cake

Wednesday



Meat: Roast Turkey

Veg: Vegetable casserole

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Meat: Roast Pork

Veg: Sweet potato and carrot bites

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Meat: Roast chicken

Veg: Vegetable balls in gravy

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Thursday



Meat: Chicken ff korma

Veg: Vegetable ff korma

With: Rice, naan bread and mixed salad

Dessert: Jelly and ff cream

Meat: ff Creamy chicken ball linguine

Veg: ff Creamy vegetable ball linguine

With: ff bread and mixed salad

Dessert: Jelly and ff cream

Meat: ff Meatball tomato ff tagliatelle

Veg: meat free balls tomato ff tagliatelle

With: ff bread and mixed salad

Dessert: Jelly and ff cream

Friday



Meat: Fish fingers

Veg: Falafels

With: Oven chips and peas

Dessert: ff cake

Meat: Fish goujons

Veg: Falafels

With: Oven chips and peas

Dessert: ff cake

Meat: Fish cake

Veg: Falafels

With: Oven chips and peas

Dessert: ff cake

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from Baxters chicken soup, Baxters tomato Heinz vegetable

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Dairy and Gluten free 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: FF Chicken goujons with sweet chilli dip
Veg: Meat free chicken pieces
With: Diced potatoes and mixed veg
Dessert: FF cake

Meat: Handmade FF burger in a FF bun
Veg: sweetcorn fritter in a FF bun
With: Diced potatoes and mixed veg
Dessert: FF cake

Meat: Chicken breast burger
Veg: Chicken style burger
With: Diced potatoes and mixed veg
Dessert: FF cake

Tuesday



Meat: Love food Breakfast (FF sausage and bacon)
Veg: Vegetarian breakfast plant based
With: Hash brown, scrambled egg and baked beans
Dessert: Free from cake

Meat: Homemade ff Ham omelette
Veg: Homemade cheese omelette
With: Sauté potatoes and baked beans
Dessert: Free from cake

Meat: Cumberland sausage
Veg: Plant based Cumberland sausage
With: Mashed potatoes and baked beans
Dessert: Free from cake

Wednesday



Meat: Roast Turkey
Veg: Vegetable casserole
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast Pork
Veg: Tomato balls
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast chicken
Veg: Vegetable balls in gravy
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Thursday



Meat: Chicken ff korma
Veg: Vegetable(sweet potato, butternut squash cubes and mushroom) ff korma
With: Rice, ff bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Creamy chicken ff linguine
Veg: ff Creamy vegetable ball ff linguine
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Meat: Meatball tomato ff tagliatelle
Veg: meat free balls tomato ff tagliatelle
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Friday



Meat: ff Fish fingers
Veg: Falafels
With: Oven chips and peas
Dessert: Free from cake

Meat: ff Fish goujons
Veg: Falafels
With: Oven chips and peas
Dessert: Free from cake

Meat: ff Fish fingers
Veg: Falafels
With: Oven chips and peas
Dessert: Free from cake

Soup option Warm soup served in an insulated cup with a bread roll, choose from chicken, tomato, butterbean

Lunch box option Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo or cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Popcorn, Veggie straws, Melon sticks, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Egg 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: Chicken goujons with sweet chilli dip

Veg: Meat free goujons

With: Diced potatoes and mixed veg

Dessert: FF cake

Meat: Handmade ff burger in a bun

Veg: Vegetable burger in a bun

With: Diced potatoes and mixed veg

Dessert: FF cake

Meat: Chicken breast burger

Veg: Chicken style burger

With: Diced potatoes and mixed veg

Dessert: FF cake

Tuesday



Meat: Love food Breakfast (sausage and bacon)

Veg: Vegetarian breakfast

With: Hash browns and baked beans

Dessert: Blueberry cheesecake

Meat: Meatballs x 3

Veg: Tomato balls

With: Sauté potatoes and baked beans

Dessert: Strawberry cheesecake

Meat: Cumberland sausage

Veg: Plant based Cumberland sausage

With: Mashed potatoes and baked beans

Dessert: Cherry cheesecake

Wednesday



Meat: Roast Turkey

Veg: Vegetable casserole

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various biscuits

Meat: Roast Pork

Veg: Sweet potato and carrot bites

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various biscuits

Meat: Roast chicken

Veg: Vegetable balls in gravy

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various biscuits

Thursday



Meat: Chicken korma

Veg: Vegetable korma

With: Rice, naan bread and mixed salad

Dessert: Fruit trifle

Meat: Creamy chicken ball linguine

Veg: Creamy vegetable ball linguine

With: Garlic bread and mixed salad

Dessert: Chocolate mousse

Meat: Meatball tomato tagliatelle

Veg: meat free balls tomato tagliatelle

With: Garlic bread and mixed salad

Dessert: Strawberry mousse

Friday



Meat: Fish fingers

Veg: Fishless fingers

With: Oven chips and peas

Dessert: FF cake

Meat: Fish goujons

Veg: Fishless goujons

With: Oven chips and peas

Dessert: FF cake

Meat: Fish cake

Veg: Vegetable fingers

With: Oven chips and peas

Dessert: FF cake

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, Mushroom, tomato, or vegetable

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Dairy, Gluten and Egg free 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: FF Chicken goujons with sweet chilli dip
Veg: Meat free chicken pieces
With: Diced potatoes and mixed veg
Dessert: FF cake

Meat: Handmade FF burger in a FF bun
Veg: sweetcorn fritter in a FF bun
With: Diced potatoes and mixed veg
Dessert: FF cake

Meat: Chicken breast burger
Veg: Chicken style burger
With: Diced potatoes and mixed veg
Dessert: FF cake

Tuesday



Meat: Love food Breakfast (sausage and bacon)
Veg: Vegetarian breakfast
With: Hash browns and baked beans
Dessert: Free from cake

Meat: Meatballs x 3
Veg: Tomato balls
With: Sauté potatoes and baked beans
Dessert: Free from cake

Meat: ff Cumberland sausage
Veg: Plant based Cumberland sausage
With: Mashed potatoes and baked beans
Dessert: Free from cake

Wednesday



Meat: Roast Turkey
Veg: Vegetable casserole
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast Pork
Veg: Tomato balls
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast chicken
Veg: Vegetable balls in gravy
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Thursday



Meat: Chicken ff korma
Veg: Vegetable(sweet potato, butternut squash cubes and mushroom) ff korma
With: Rice, ff bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Creamy chicken ff linguine
Veg: ff Creamy vegetable ball ff linguine
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Meatball tomato ff tagliatelle
Veg: meat free balls tomato ff tagliatelle
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Friday



Meat: ff Fish fingers
Veg: Falafels
With: Oven chips and peas
Dessert: Free from cake

Meat: ff Fish goujons
Veg: Falafels
With: Oven chips and peas
Dessert: Free from cake

Meat: ff Fish fingers
Veg: Falafels
With: Oven chips and peas
Dessert: Free from cake

Soup option Warm soup served in an insulated cup with a bread roll, choose from chicken, tomato, butterbean

Lunch box option Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo or cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Popcorn, Veggie straws, Melon sticks, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Dairy Soya Free 2021/22

Week One

Weeks beginning
1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning
8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning
15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: Chicken goujons with sweet chilli dip
Veg: Meat free goujons
With: Diced potatoes and mixed veg
Dessert: ff cake

Meat: Handmade ff burger in a bun
Veg: Vegetable burger in a bun
With: Diced potatoes and mixed veg
Dessert: ff cake

Meat: Chicken breast burger
Veg: Chicken style burger
With: Diced potatoes and mixed veg
Dessert: ff cake

Tuesday



Meat: Love food Breakfast (ff sausage and bacon)
Veg: Vegetarian breakfast
With: Hash brown, oat milk scrambled egg and baked beans
Dessert: ff cake

Meat: Homemade ff Ham oat milk omelette
Veg: Homemade ff cheese oat milk omelette
With: Sauté potatoes and baked beans
Dessert: ff cake

Meat: ff Cumberland sausage
Veg: Plant based Cumberland sausage
With: Oat milk Mashed potatoes and baked beans
Dessert: ff cake

Wednesday



Meat: Roast Turkey
Veg: Vegetable casserole
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast Pork
Veg: Sweet potato and carrot bites
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast chicken
Veg: Vegetable balls in gravy
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Thursday



Meat: Chicken ff korma
Veg: Vegetable ff korma
With: Rice, naan bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Creamy chicken ball linguine
Veg: ff Creamy vegetable ball linguine
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Meatball tomato ff tagliatelle
Veg: meat free balls tomato ff tagliatelle
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Friday



Meat: Fish fingers
Veg: Falafels
With: Oven chips and peas
Dessert: ff cake

Meat: Fish goujons
Veg: Falafels
With: Oven chips and peas
Dessert: ff cake

Meat: Fish cake
Veg: Falafels
With: Oven chips and peas
Dessert: ff cake

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, Mushroom, tomato, or vegetable

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Gluten and Egg free 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: FF Chicken goujons with sweet chilli dip

Veg: Meat free chicken pieces

With: Diced potatoes and mixed veg

Dessert: FF cake

Meat: Handmade FF burger in a FF bun

Veg: sweetcorn fritter in a FF bun

With: Diced potatoes and mixed veg

Dessert: FF cake

Meat: Chicken breast ff burger

Veg: Chicken style burger

With: Diced potatoes and mixed veg

Dessert: FF cake

Tuesday



Meat: Love food Breakfast (FF sausage and bacon)

Veg: Vegetarian breakfast plant based

With: Hash browns and baked beans

Dessert: Free from cake

Meat: ff Meat balls

Veg: Tomato balls

With: Sauté potatoes and baked beans

Dessert: Free from cake

Meat: ff Cumberland sausage

Veg: Plant based Cumberland sausage

With: Mashed potatoes and baked beans

Dessert: Free from cake

Wednesday



Meat: Roast Turkey

Veg: Vegetable casserole

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Meat: Roast Pork

Veg: vegetable balls

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Meat: Roast chicken

Veg: Vegetable balls in gravy

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Thursday



Meat: Chicken korma

Veg: Vegetable(sweet potato, butternut squash cubes and mushroom) korma

With: Rice, ff bread and mixed salad

Dessert: Fruit trifle

Meat: Creamy chicken ff linguine

Veg: Creamy vegetable ball ff linguine

With: ff bread and mixed salad

Dessert: Chocolate mousse

Meat: ff Meatball tomato ff tagliatelle

Veg: meat free balls tomato ff tagliatelle

With: ff bread and mixed salad

Dessert: Strawberry mousse

Friday



Meat: ff Fish fingers

Veg: Falafels

With: Oven chips and peas

Dessert: Free from cake

Meat: ff Fish goujons

Veg: Falafels

With: Oven chips and peas

Dessert: Free from cake

Meat: ff Fish fingers

Veg: Falafels

With: Oven chips and peas

Dessert: Free from cake

Soup option

Warm soup served in an insulated cup with a bread roll, choose from chicken, tomato, butterbean

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo or cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Popcorn, Veggie straws, Melon sticks, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Dairy and Egg Free 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: Chicken goujons with sweet chilli dip
Veg: Meat free goujons
With: Diced potatoes and mixed veg
Dessert: ff cake

Meat: Handmade ff burger in a bun
Veg: Vegetable burger in a bun
With: Diced potatoes and mixed veg
Dessert: ff cake

Meat: Chicken breast burger
Veg: Chicken style burger
With: Diced potatoes and mixed veg
Dessert: ff cake

Tuesday



Meat: Love food Breakfast (ff sausage and bacon)
Veg: Vegetarian breakfast
With: Hash browns and baked beans
Dessert: ff cake

Meat: Meatballs
Veg: Tomato balls
With: Sauté potatoes and baked beans
Dessert: ff cake

Meat: ff Cumberland sausage
Veg: Plant based Cumberland sausage
With: Soya Mashed potatoes and baked beans
Dessert: ff cake

Wednesday



Meat: Roast Turkey
Veg: Vegetable casserole
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast Pork
Veg: Sweet potato and carrot bites
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast chicken
Veg: Vegetable balls in gravy
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Thursday



Meat: Chicken ff korma
Veg: Vegetable ff korma
With: Rice, naan bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Creamy chicken ball linguine
Veg: ff Creamy vegetable ball linguine
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Meatball tomato ff tagliatelle
Veg: meat free balls tomato ff tagliatelle
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Friday



Meat: Fish fingers
Veg: Falafels
With: Oven chips and peas
Dessert: ff cake

Meat: Fish goujons
Veg: Falafels
With: Oven chips and peas
Dessert: ff cake

Meat: Fish cake
Veg: Falafels
With: Oven chips and peas
Dessert: ff cake

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, Mushroom, tomato, or vegetable

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Dairy, Gluten Soya and Egg free 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: FF Chicken goujons with sweet chilli dip
Veg: Sweetcorn fritter
With: Diced potatoes and mixed veg
Dessert: FF cake

Meat: Handmade FF burger in a FF bun
Veg: sweetcorn fritter in a FF bun
With: Diced potatoes and mixed veg
Dessert: FF cake

Meat: Chicken breast burger
Veg: Chicken style burger
With: Diced potatoes and mixed veg
Dessert: FF cake

Tuesday



Meat: Love food Breakfast (sausage and bacon)
Veg: Vegetarian breakfast
With: Hash browns and baked beans
Dessert: Free from cake

Meat: Meatballs x 3
Veg: Tomato balls
With: Sauté potatoes and baked beans
Dessert: Free from cake

Meat: ff Cumberland sausage
Veg: Plant based Cumberland sausage
With: Mashed potatoes and baked beans
Dessert: Free from cake

Wednesday



Meat: Roast Turkey
Veg: Vegetable casserole
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast Pork
Veg: Tomato balls
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast chicken
Veg: Vegetable balls in gravy
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Thursday



Meat: Chicken ff korma
Veg: Vegetable(sweet potato, butternut squash cubes and mushroom) ff korma
With: Rice, ff bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Creamy chicken ff linguine
Veg: ff Creamy vegetable ball ff linguine
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Meatball tomato ff tagliatelle
Veg: meat free balls tomato ff tagliatelle
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Friday



Meat: ff Fish fingers
Veg: Falafels
With: Oven chips and peas
Dessert: Free from cake

Meat: ff Fish goujons
Veg: Falafels
With: Oven chips and peas
Dessert: Free from cake

Meat: ff Fish fingers
Veg: Falafels
With: Oven chips and peas
Dessert: Free from cake

Soup option Warm soup served in an insulated cup with a bread roll, choose from chicken, tomato, butterbean

Lunch box option Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo or cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Popcorn, Veggie straws, Melon sticks, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Dairy, Gluten and Soya Free 2021/22

Week One

Weeks beginning
1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning
8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning
15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: Chicken goujons with sweet chilli dip
Veg: Sweetcorn fritter
With: Diced potatoes and mixed veg
Dessert: ff cake

Meat: Handmade ff burger in a bun
Veg: Vegetable burger in a bun
With: Diced potatoes and mixed veg
Dessert: ff cake

Meat: Chicken breast burger
Veg: Chicken style burger
With: Diced potatoes and mixed veg
Dessert: ff cake

Tuesday



Meat: Love food Breakfast (ff sausage and bacon)
Veg: Vegetarian breakfast
With: Hash brown, oat milk scrambled egg and baked beans
Dessert: ff cake

Meat: Homemade ff Ham oat milk omelette
Veg: Homemade ff cheese oat milk omelette
With: Sauté potatoes and baked beans
Dessert: ff cake

Meat: ff Cumberland sausage
Veg: Plant based Cumberland sausage
With: Oat milk Mashed potatoes and baked beans
Dessert: ff cake

Wednesday



Meat: Roast Turkey
Veg: Vegetable casserole
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast Pork
Veg: Sweet potato and carrot bites
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Meat: Roast chicken
Veg: Vegetable balls in gravy
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various ff biscuits

Thursday



Meat: Chicken ff korma
Veg: Vegetable ff korma
With: Rice, naan bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Creamy chicken ball linguine
Veg: ff Creamy vegetable ball linguine
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Meat: ff Meatball tomato ff tagliatelle
Veg: meat free balls tomato ff tagliatelle
With: ff bread and mixed salad
Dessert: Jelly and ff cream

Friday



Meat: Fish fingers
Veg: Falafels
With: Oven chips and peas
Dessert: ff cake

Meat: Fish goujons
Veg: Falafels
With: Oven chips and peas
Dessert: ff cake

Meat: Fish cake
Veg: Falafels
With: Oven chips and peas
Dessert: ff cake

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, Mushroom, tomato, or vegetable

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Dairy Soya and Egg Free 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: Chicken goujons with sweet chilli dip

Veg: Sweetcorn fritter

With: Diced potatoes and mixed veg

Dessert: ff cake

Meat: Handmade ff burger in a bun

Veg: Vegetable burger in a bun

With: Diced potatoes and mixed veg

Dessert: ff cake

Meat: Chicken breast burger

Veg: Chicken style burger

With: Diced potatoes and mixed veg

Dessert: ff cake

Tuesday



Meat: Love food Breakfast (ff sausage and bacon)

Veg: Vegetarian breakfast

With: Hash browns and baked beans

Dessert: ff cake

Meat: Meatballs

Veg: Tomato balls

With: Sauté potatoes and baked beans

Dessert: ff cake

Meat: ff Cumberland sausage

Veg: Plant based Cumberland sausage

With: Soya Mashed potatoes and baked beans

Dessert: ff cake

Wednesday



Meat: Roast Turkey

Veg: Vegetable casserole

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Meat: Roast Pork

Veg: Sweet potato and carrot bites

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Meat: Roast chicken

Veg: Vegetable balls in gravy

With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans

Dessert: Various ff biscuits

Thursday



Meat: Chicken ff korma

Veg: Vegetable ff korma

With: Rice, naan bread and mixed salad

Dessert: Jelly and ff cream

Meat: ff Creamy chicken ball linguine

Veg: ff Creamy vegetable ball linguine

With: ff bread and mixed salad

Dessert: Jelly and ff cream

Meat: ff Meatball tomato ff tagliatelle

Veg: meat free balls tomato ff tagliatelle

With: ff bread and mixed salad

Dessert: Jelly and ff cream

Friday



Meat: Fish fingers

Veg: Falafels

With: Oven chips and peas

Dessert: ff cake

Meat: Fish goujons

Veg: Falafels

With: Oven chips and peas

Dessert: ff cake

Meat: Fish cake

Veg: Falafels

With: Oven chips and peas

Dessert: ff cake

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, Mushroom, tomato, or vegetable

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, ff Yoghurts and fruit are available every day.



Autumn/Winter Fish free 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: Chicken goujons with sweet chilli dip
Veg: Meat free goujons
With: Diced potatoes and mixed veg
Dessert: Caramel cake

Meat: Handmade burger in a bun
Veg: Vegetable burger in a bun
With: Diced potatoes and mixed veg
Dessert: Flap jack

Meat: Chicken breast burger
Veg: Chicken style burger
With: Diced potatoes and mixed veg
Dessert: Apple cake

Tuesday



Meat: Love food Breakfast (sausage and bacon)
Veg: Vegetarian breakfast
With: Hash brown, scrambled egg and baked beans
Dessert: Blueberry cheesecake

Meat: Homemade Ham omelette
Veg: Homemade cheese omelette
With: Sauté potatoes and baked beans
Dessert: Strawberry cheesecake

Meat: Cumberland sausage
Veg: Plant based Cumberland sausage
With: Mashed potatoes and baked beans
Dessert: Cherry cheesecake

Wednesday



Meat: Roast Turkey
Veg: Vegetable casserole
With: Roast potatoes, Yorkshire pudding, baby carrots and green beans
Dessert: Various biscuits

Meat: Roast Pork
Veg: Sweet potato and carrot bites
With: Roast potatoes, Yorkshire pudding, baby carrots and green beans
Dessert: Various biscuits

Meat: Roast chicken
Veg: Vegetable balls in gravy
With: Roast potatoes, Yorkshire pudding, baby carrots and green beans
Dessert: Various biscuits

Thursday



Meat: Chicken korma
Veg: Vegetable korma
With: Rice, naan bread and mixed salad
Dessert: Fruit trifle

Meat: Creamy chicken ball linguine
Veg: Creamy vegetable ball linguine
With: Garlic bread and mixed salad
Dessert: Chocolate mousse

Meat: Meatball tomato tagliatelle
Veg: meat free balls tomato tagliatelle
With: Garlic bread and mixed salad
Dessert: Strawberry mousse

Friday



Meat: Meatballs
Veg: Fishless fingers
With: Oven chips and peas
Dessert: Strawberry iced bun

Meat: Sausages
Veg: Fishless goujons
With: Oven chips and peas
Dessert: Strawberry iced bun

Meat: Chicken balls
Veg: Vegetable fingers
With: Oven chips and peas
Dessert: Strawberry iced bun

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, Mushroom, tomato, or vegetable

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Autumn/Winter Fish and Egg 2021/22

Week One

Weeks beginning

1st Nov, 22nd Nov, 13th Dec 17th Jan, 7th Feb

Week Two

Weeks beginning

8th Nov, 29th Nov 3rd Jan, 24th Jan,

Week Three

Weeks beginning

15th Nov, 6th Dec 10th Jan, 31st Jan

Monday



Meat: Chicken goujons with sweet chilli dip
Veg: Meat free goujons
With: Diced potatoes and mixed veg
Dessert: FF cake

Meat: Handmade ff burger in a bun
Veg: Vegetable burger in a bun
With: Diced potatoes and mixed veg
Dessert: FF cake

Meat: Chicken breast burger
Veg: Chicken style burger
With: Diced potatoes and mixed veg
Dessert: FF cake

Tuesday



Meat: Love food Breakfast (sausage and bacon)
Veg: Vegetarian breakfast
With: Hash browns and baked beans
Dessert: Blueberry cheesecake

Meat: Meatballs x 3
Veg: Tomato balls
With: Sauté potatoes and baked beans
Dessert: Strawberry cheesecake

Meat: Cumberland sausage
Veg: Plant based Cumberland sausage
With: Mashed potatoes and baked beans
Dessert: Cherry cheesecake

Wednesday



Meat: Roast Turkey
Veg: Vegetable casserole
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various biscuits

Meat: Roast Pork
Veg: Sweet potato and carrot bites
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various biscuits

Meat: Roast chicken
Veg: Vegetable balls in gravy
With: Roast potatoes, ff Yorkshire pudding, baby carrots and green beans
Dessert: Various biscuits

Thursday



Meat: Chicken korma
Veg: Vegetable korma
With: Rice, naan bread and mixed salad
Dessert: Fruit trifle

Meat: Creamy chicken ball linguine
Veg: Creamy vegetable ball linguine
With: Garlic bread and mixed salad
Dessert: Chocolate mousse

Meat: Meatball tomato tagliatelle
Veg: meat free balls tomato tagliatelle
With: Garlic bread and mixed salad
Dessert: Strawberry mousse

Friday



Meat: Meatballs
Veg: Fishless fingers
With: Oven chips and peas
Dessert: FF cake

Meat: Fish Sausages
Veg: Fishless goujons
With: Oven chips and peas
Dessert: FF cake

Meat: Chicken balls
Veg: Vegetable fingers
With: Oven chips and peas
Dessert: FF cake

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, Mushroom, tomato, or vegetable

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, and salad.

Salad option

Your choice of ham, cheese, tuna mayo or falafels served with lettuce, tomatoes, cucumber, peppers, coleslaw and new potatoes

Everyday

Milk, Water, FF Bread, Yoghurts and fruit are available every day.

